

The Sleep Herbst appliance, is one of the first oral appliances proven to treat snoring and obstructive sleep apnea sufferers. This appliance allows patients unrestricted jaw movement without disengaging the appliance. The Herbst Appliance is a mandibular repositioner that has been in use many years for orthodontic and TMJ therapy prior to its introduction for sleep treatment. The greatest advantage of the Herbst appliance is that it allows for very quick, easy and accurate adjustability.



Sleep Herbst